



ENRICHMENT DIY GUIDE

STUFFED KONGS

1. Collect your supplies:

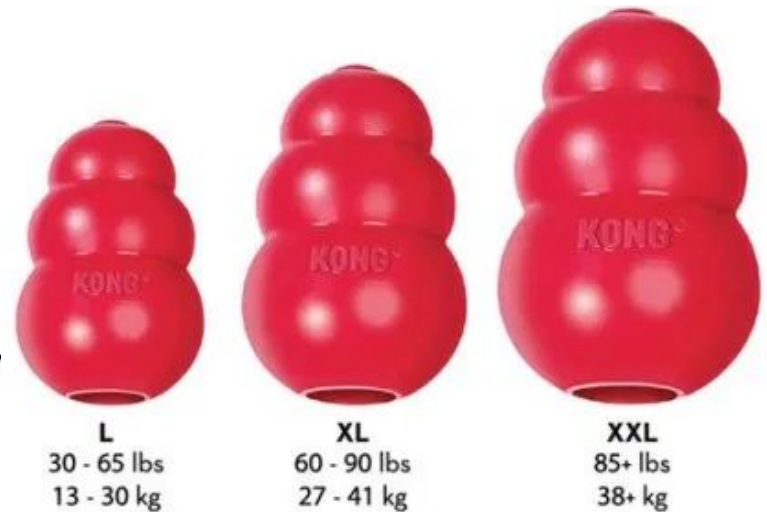
- Kongs
- Spoon
- Your dog's preferred creamy treat!

2. Fill kongs!

- Use a spoon to fill each kong with your dog's preferred treat.
- Mix it up and get creative!

3. Put the kong in the freezer!

- Freeze for convenience. No need to defrost – your dog will love the challenge!
- Consider making multiple at once!



PEANUT BUTTER NYLABONES

1. Collect your supplies:

- Nylabone
- Spoon
- Disposable Gloves
- Peanut Butter (or preferred creamy treat!)

2. Cover the Nylabone!

- Use a spoon or your gloved hands to spread a small amount (1 to 2 Tbsp) of peanut butter all over a nylabone.

3. Put the Nylabone in the freezer!

- Freeze for convenience. No need to defrost – your dog will love the challenge!
- Consider making multiple at once!



TREAT TUBES

1. Collect your supplies:

- Your dog's preferred crunchy treats
- Empty paper towel/ toilet paper rolls

2. Make your treat tubes!

- Fold in one end of the toilet paper roll.
- Throw in **FIVE** small crunchy dog treats.
- Fold in the other end of the toilet paper roll to seal.

3. Give them to your dog!

- You can simply hand the tube to your dog, or hide it for them to find!
- Pro tip: add an interesting scent item to the tube - grass from a novel area, or maybe even a little animal fur from the vacuum bag!



BUSY BOXES/BAGS

1. Collect your supplies:

- Spoon
- Gloves
- Your dog's preferred crunchy treats
- Your dog's preferred creamy treat (optional)
- Empty cardboard boxes, egg cartons, or paper bags

2. Make your busy box!

- Use a spoon or your gloved hands to spread 1 to 2 Tbsp of creamy treat on the inside of the box or bag (optional).
- Throw in **FIVE** treats.
- Interlock the box's top to create a seal and shake that box! This will make the treats stick. If using a bag, roll up the bag!

3. Give it to your dog!

- You can simply hand the box/bag to your dog, or hide it for them to find!
- Pro tip: until you're comfortable, hand this one out only when you can supervise your dog, to make sure they don't ingest stickers or large parts of cardboard.



PEANUT BUTTER FRISBEEES

1. Collect your supplies:

- Frisbee (or a large plastic plate or cutting board!)
- Spoon
- Gloves
- Your dog's favorite creamy treat
- Your dog's favorite crunchy treat

2. Make PB Frisbees!

- Use a spoon or your gloved hands to spread a small amount (1 to 2 Tbsp) of peanut butter (or your dog's favorite treat) on the bottom of the inside of the frisbee.
- Stick **FIVE small** crunchy dog treats to the peanut butter.

3. Put it in the freezer!

- Freeze for convenience. No need to defrost – your dog will love the challenge!
- Consider making multiple at once!



ICIES

1. Collect your supplies:

- Larger Dog Treat or Chew
- Broth or tap water
- Paper Cups

2. Make Icies!

- Fill the paper cup half way with broth or water
- Add in a larger biscuit, jerky treat, or chew (bully stick or dental stick) poking out of the mixture.

3. Put it in the freezer!

- Freeze for convenience. No need to defrost – your dog will love the challenge!
- Consider making multiple at once!



TOWEL KNOTS

1. Collect your supplies:

- Bath Towel or Blanket
- Your dog's favorite crunchy treats (or kibble!)

2. Make Towel Knots!

- Roll each towel "hot dog style" (see photo)
- Tie a knot in the middle of each towel.
- Stick **TEN** treats inside the twists and folds of each towel.

3. Give it to your dog!

- You can simply hand the towel/blanket to your dog, or hide it for them to find!
- Pro tip: Try feeding all or a portion of your dog's meals this way!

