



## Feeding Your Rabbit

The most important component of your rabbit's diet is grass hay. We recommend Timothy Hay. Hay keeps the intestinal tract healthy. An unlimited supply of hay (Timothy Hay) should always be available. Alfalfa is high in calcium and can lead to weight gain if given too much once they are adults.

You may also wish to supplement your rabbit's diet with good-quality rabbit pellets. About 1/8-1/4 cup of pellets per 6 pounds of bunny is a good guideline to go by. At the shelter, we give one Tablespoon of food twice a day (morning/evening). For adult rabbits, timothy based pellets are the best as alfalfa pellets are very high in calcium. It is perfectly fine for your rabbit to go a few days without pellets as they are not necessary for their diet. You can make fun games with pellets by hiding them under lightweight cups or putting them in an interactive toy like a snuffle mat.

It is important to feed your bunny plenty of fresh, leafy greens daily. A half of a cup per 4 pounds of bunny is recommended. Here is a list of safe vegetables to feed your rabbit:

| OK!   | Avoid Completely   |
|---|--|
| <p><b>CAN EAT DAILY</b></p> <ul style="list-style-type: none"> <li>● <b>Bell peppers</b> (green high in Vitamin C)</li> <li>● <b>Carrot</b> (limit as high in sugar)</li> <li>● <b>Celery</b></li> <li>● <b>Cilantro</b></li> <li>● <b>Cucumber</b></li> <li>● <b>Endive</b></li> <li>● <b>Herbs: Basil, cilantro, dill, mint, oregano, parsley, rosemary, sage, thyme</b></li> <li>● <b>Lettuce</b> (red &amp; green leaf like Romaine)</li> <li>● <b>Zucchini</b></li> </ul> <p><b>CAN HAVE OCCASIONALLY (1-2 times a week)</b></p> <ul style="list-style-type: none"> <li>● <b>Fruits: (Apple</b> (remove stem &amp; seeds), <b>Berries, Mango, Melon, Papaya</b> (remove seeds), <b>Peach</b> (remove pit), <b>Pear,</b> and <b>Pineapple)</b></li> </ul> | <ul style="list-style-type: none"> <li>● <b>Avocado</b> (poisonous)</li> <li>● <b>Beans</b> (causes GI issues)</li> <li>● <b>Broccoli</b> (too high in calcium)</li> <li>● <b>Cabbage</b> (causes GI issues)</li> <li>● <b>Cauliflower</b> (can cause bloat)</li> <li>● <b>Citrus fruits</b> (too much sugar)</li> <li>● <b>Collard greens</b> (too high in calcium)</li> <li>● <b>Garlic</b> (poisonous)</li> <li>● <b>Iceberg lettuce</b> (no nutritional value and might contain lactucarium)</li> <li>● <b>Kale</b> (too high in calcium)</li> <li>● <b>Leeks</b> (poisonous)</li> <li>● <b>Mushrooms</b> (poisonous)</li> <li>● <b>Parsley</b> (too high in calcium)</li> <li>● <b>Raw Onion</b> (poisonous)</li> <li>● <b>Spinach</b> (too high in calcium)</li> <li>● <b>Treats with added sugar/salt</b> (too much sugar negatively affects gut bacteria)</li> </ul> |