



## How Your Dog Can Have Fun with KONG Toys

Kong Dog Toys are enjoyed by most dogs, especially when you stuff the toy full of delicious treats! The large opening in the Kong is just wide enough for your dog to get his tongue into and therefore just wide enough to give him a taste of the tempting food inside. Most dogs find a stuffed Kong to be quite interesting and challenging and will occupy themselves for long periods of time trying to get the food out. We suggest you keep an extra stuffed Kong at the ready (perhaps in the freezer) for moments when your dog needs something to do (such as when Aunt Betty, who doesn't like dogs, comes to visit). Stuffing Kongs is also a good way to get rid of unwanted left-overs!

The following recipes are from the Kong company and can be utilized to promote good behavior in your dog.

### Kong Stuffing Recipes

As you create recipes, be sensitive to your dog's tummy as you experiment. **REMEMBER: Some foods are not healthy for dogs. Check with your vet first.** Following are recipes created by veterinarians, dog trainers and dog lovers worldwide.

- ✓ **Simple, Tried, and True:** Peanut butter · appropriate Kong Toy. Smear peanut butter inside the cavity of your Kong Toy. It's that easy!
- ✓ **Banana Rama:** 1 fresh banana · 2 tbs wheat germ · 1 tbs plain yogurt (can use your pet's favorite flavor as well) · Kong Toy that best fits your pet's chewing temperament. In a bowl, mash up banana. Then, add wheat germ and yogurt. Mash all ingredients together and use spoon to add to Kong. Freeze for 4 hours. Makes 1 serving for Medium Kong. Double for every Kong Size that is bigger.
- ✓ **Cheesy Dental Kong Delight:** 3 slices of your pet's favorite cheese · Dental Kong Toy. A very simple and creative way to make any pet drool in delight. Just place the 3 slices of cheese directly onto the grooves of your pet's Dental Kong (if model has rope - make sure cheese does not get onto it). Melt in microwave for 20 to 30 seconds. Give to pet after it cools.
- ✓ **Philly Steak:** steak scraps · 1 ounce cream cheese · appropriate Kong Toy Place small scraps of the steak inside Kong toy. Spread cream cheese in large hole to hold scraps.
- ✓ **Fruit Salad:** apple and carrot chunks · 1/4th of a banana · appropriate Kong Toy. Place apples and carrots in Kong Toy. Mash the banana in large hole to hold fruit in place. You can include other fruits and veggies: orange slices · peach and/or nectarine chunks · celery sticks · broccoli and/or cauliflower · tomato and black olive mixture.
- ✓ **Veggie Kong Omelet:** 1 egg · your choice of shredded cheese · any vegetables that your pet may like · appropriate Kong Toy. Scramble egg and fold in vegetables. Put into Kong toy. Sprinkle some cheese over the top and microwave for about 20 seconds. Cool thoroughly before giving to dog.
- ✓ **Mac N' Cheese:** Leftover macaroni and cheese · small cube of Velveeta · appropriate Kong Toy. Melt Velveeta in microwave until gooey. Add mac 'n cheese to Kong Toy. Pour heated Velveeta into Kong. Make sure it has cooled before giving to your pet.