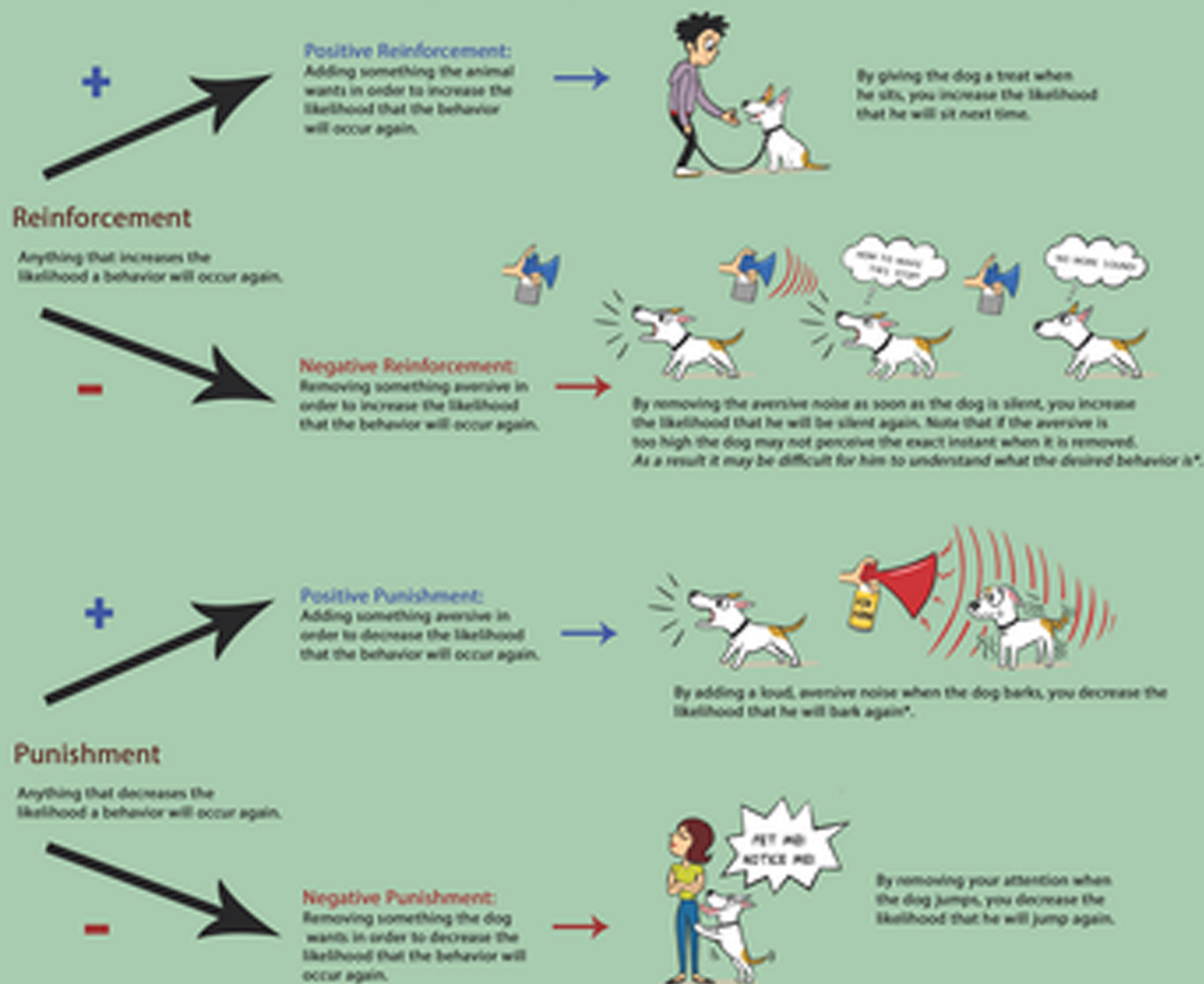


The Four Categories of Operant Conditioning

How to Classify Techniques in a Methodical Manner



Step 1:
Define the behavior.

Step 2:
Decide whether you
want to increase or
decrease the behavior.

Step 3:
Decide whether you are
adding or subtracting
something.

*Note that Dr. Yin is not advocating aversive techniques. Rather, she is providing examples of the various categories of operant conditioning.

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